

## Conference 5/6A North/6A State Standards Outdoor 2017

<b>Boys Standards</b>	<b>Conference</b>	<b>Regional</b>	<b>State</b>
110 Meter Hurdles	17.27	15.87	15.26
100 Meter Dash	11.77	11.37	11.19
200 Meter Dash	23.84	22.97	22.45
300 Meter Hurdles	43.98	41.50	40.21
400 Meter Dash	52.93	51.39	50.24
800 Meter Run	2:03.73	2:00.09	1:57.81
1600 Meter Run	4:36.11	4:30.33	4:25.06
3200 Meter Run	10:03.08	9:48.47	9:41.87
High Jump	5'06"	5'10"	6'02"
Pole Vault	10'06"	12'0"	12'06"
Long Jump	19'02.5"	20'08.75"	21'10"
Triple Jump	39'05"	42'04.25"	44'02.75"
Shot Put	41'08.25"	45'9.5"	49'02.5"
Discus	115'5"	131'03"	143'08"
400 Meter Relay		44.69	43.70
1600 Meter Relay		3:30.89	3:26.57
3200 Meter Relay		8:16.36	8:09.88

<b>Girls Standards</b>	<b>Conference</b>	<b>Regional</b>	<b>State</b>
100 Meter Hurdles	18.47	16.38	15.27
100 Meter Dash	13.61	12.77	12.51
200 Meter Dash	27.81	26.12	25.67
300 Meter Hurdles	52.52	48.41	46.15
400 Meter Dash	62.94	59.89	58.40
800 Meter Run	2:28.20	2:19.58	2:18.00
1600 Meter Run	5:25.08	5:14.35	5:09.41
3200 Meter Run	11:53.13	11:29.17	11:22.22
High Jump	4'06"	4'10"	5'01"
Pole Vault	7'06"	8'09"	9'06"
Long Jump	14'06.5"	16'05.25"	17'07"
Triple Jump	31'01.25"	34'09.25"	36'05.75
Shot Put	28'09.75"	34'08"	36'07.25
Discus	81'07"	96'08.5"	109'08"
400 Meter Relay		50.85	49.83
1600 Meter Relay		4:08.25	4:03.25
3200 Meter Relay		9:50.00	9:38.87